



THE FLAME Newsletter



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INSIDE THIS ISSUE:

Walking with God 2

Guardians of the Dominican Spirit 2

Sisters in Mission 3

Seeds of Vocation 3

Contact Us 4

Rosary Shrine Novena Details 4

Editorial Note

Dear Sisters, Brothers and Friends.

With hearts full of joy and gratitude, we are excited to share this new edition of our newsletter, the first after a few years. The years in between have been a time of transition, filled with growth and renewed commitments within our communities. Though the publication paused for awhile, the spirit that fueled our mission has remained alive and well. It is this same spirit that inspires us to bring back this platform for communion, reflection, and shared experiences.

This edition marks the beginning of a new chapter. Our goal is not just to keep you informed but to inspire you; not only to share updates but to strengthen our sense of belonging to one

Dominican family partaking in the one Mission of Preaching and to everyone who walks this journey with us. Within these pages, you will find voices that resonate with our charism of truth, compassion, formation, and service to God's people,

As we embark on this journey once more, we are reminded of the words of St. Catherine of Siena, "Be who God meant you to be, and you will set the world on fire." May this newsletter become a small but steady

flame, bringing light into our communities, ministries, and mission fields. May it also bring light into our country Nigeria and bring an end to the challenges posed by insecurity.

Thank you for being part of this journey with us. May this fresh start be a blessing for all. Amen.

-Sr. Patricia Daaor, OP



Rosary Shrine Apostolate

The Rosary Shrine is an apostolate of the Dominican Sisters, dedicated to deepening devotion to the Blessed Virgin Mary through the prayer of the rosary.

Rooted in the rich history of the Order, the shrine honours St. Dominic, who is traditionally regarded as having received the rosary apostolate from Mary herself. The Sisters continue this

mission by fostering prayerful devotion among the faithful. Throughout the year, novena prayers are offered for various intentions.

"There is no problem, I tell you, no matter how difficult it is, that we cannot resolve by the prayer of the Holy Rosary."

-Lucia dos Santos



Walking With God: Finding Grace in Our Daily Life



“We must sow the seed, not hoard it.”

-St. Dominic de Guzman



God is more present in our daily lives than we often realize.. We do not have to wait for extraordinary events before we feel Him. He is right there in the simple, ordinary periods of our life.

Every new day is a fresh page and God invites us gently, “Walk with Me today.” Not only in the Church but in the market, in the office, in our homes, in the streets, in the classroom, and in every corner of life.

When we learn to see God in the ordinary, the ordinary becomes meaningful. Whether you are a student, a parent, a worker, a leader, or a business person, your daily responsibilities are not accidents—they are where God shapes you. Anytime you speak kindly when you fill angry, finish a task faith-

without expecting reward, you are growing spiritually even without noticing. Small acts of faithfulness build strong character.

What about our friends and the people around us? No one grows alone. God uses the people we meet to teach us how to love, how to be patient, how to forgive, and how to grow in understanding. Each day ask yourself: Who can I encourage today? Who needs my patience? Who can I forgive? Who can I help, even in a small way? These are opportunities to serve, to learn patience, or to show compassion because relationships are the true testing ground of spirituality.

Remember that at every point of our life, God is not far away. He is in our actions, our choices, our relationships, our challenges, and our victories. Learn to live each

-Sr. Gloria Ene Godwin, OP



in ordinary moments, carry peace into our interactions, and turn every simple action into prayer.

When we work with God in the ordinary, life becomes richer, deeper, and more meaningful.

REMAIN BLESSED!

Guardians of the Dominican Spirit

-Postulant Juliet Eze

Blessed Jordan of Saxony was born in the year 1190. he was a German and also from a noble family. He was drawn to the Order by the preaching of Blessed Reginald, the beloved son of St. Dominic.

At the age of thirty he was a student at the university of Paris and his reputation for sanctity had preceded him into the Order. He had worn the habit for three months when he was sent as a delegate to the general chapter in

Bologna. The following year he was elected provincial of Lombardy, and on the death of St. Dominic, succeeded him as Master General.

The order was six years in existence when Jordan of Saxony became Master General. He carried out the yet untried plans of St. Dominic.

Mothers would hide their sons when master Jordan was in town. Men also prayed for strength to resist his burning eloquence due to the fact that

he has a fatal magnetism in his sermon.

Jordan of Saxony was a very kind person. He had the personal charm and the ability to console the troubled and to inspire the despondent with new hope.

During his sixteen years of preaching, Jordan is said to have drawn more than a thousand novice to the order. Blessed Jordan of Saxony died in the year 1237. he was beatified on 10th May 1826 by Pope Leo XII.

Sisters in Mission - Reaching the Margins

- Sr. Beatrice Tarhemba, OP

Bread holds a significant place in the life of every human person and in the life of the Church. While in the world, it nourishes the physical being of a person; in the Church, Jesus Christ is the Bread of life that is broken for us to eat and nourish our souls so that we will have eternal life.

As Dominican Sisters in Kabba Community, Kogi State, Siena Bakery performs this two-fold role of nourishing the physical and spiritual bodies of people. We do so in the baking of Siena bread, cakes and other confectionery. The hymn titled "The Baker

Woman" is also our hymn. Like the Baker Woman, we measure the ingredients with care because we nourish the souls of those who eat our bread and cakes. We knead and bake with love so that the world will feel the love of God in the taste of the bread and cakes as they eat.

Come to Siena Bakery, buy and eat! You will savour the goodness of God kneaded in hands full of care and baked in the oven of love.



Seeds of Vocation

- Novice Geraldine Livinus

Faith has never been a simple path for me. It has been a journey of hope, fear, loss, and joy; a journey that has shaped who I am and who I aspire to become. Becoming a Religious has always been my desire since childhood, and I grew up nurturing that zeal despite peer pressure. I recall the day of my interview for admission into the Order of Preachers, as I waited for my turn, the minutes seemed to stretch endlessly. My heart was full of excitement, but also heavy with anxiety because I had so many doubts and mixed feelings. I questioned myself, saying: Am I truly ready? Can I live a life wholly devoted to God? In that moment, I held onto Isaiah 41:10. Even in my uncertainties, I felt God's quiet presence encouraging me forward. I began my journey to the religious life as a Postulant; this brought its own challenges. Adjusting to life with people from different backgrounds and ethnic groups was not always easy. There were moments of discomfort; I experienced numerous personality clashes and differences. I longed for familiarity, but these experiences taught me patience, humility, and the beauty of a

community united in faith. When it was like I couldn't tolerate anymore, I tried to remember the words of St. Paul in Romans 12:10: "Be devoted to one another in love.

Honour one another above yourselves." These words reminded me that love and understanding could bridge every difference, and that kept me going. Four days into my holiday after postulancy, I faced the deepest trial of my life, which was the passing on of my mother. Her death shook me



to my core, especially the fact that I didn't get to see her before her death. Grief and sorrow overwhelmed me. I wrestled with questions about how to continue my journey without her guiding presence. I asked myself, could this be a sign that I shouldn't continue? Yet in that pain, my faith became my lifeline. Psalm 34:18 became my solace. In that season of loss, I learned to surrender fully to God, trusting that His love never abandons us, even when life feels unbearably hard.

Now, in the final stage of my initial formation, I reflect on the journey that has brought me to this point. Questions still surface: Am I ready to serve God fully? Would I be able to live out my VOWS throughout my life? Will I have the courage to embrace the unknown? Fear is still present, but it no longer paralyzes me. Philippians 4:13 reminds me: "I can do all things through Christ who strengthens me." Faith, I have discovered, is not the absence of fear; rather, it is the willingness to move forward, trusting God to guide each step. Amid challenges, there have been milestones of growth and achievement. I have learned to pray with greater depth, to live faithfully in community, and to embrace the gifts God has given me.

Thinking of a DOMINICAN Vocation?

The Vocations Promoter
Dominican Sisters' Novitiate
P.O.Box 2029
Yaikyor, Makurdi,
Benue State.

OR

Dominican Sisters
P.O.Box 2004
Agbor, Delta State.

Dominican Sisters
P.O.Box 91
Kabba, Kogi State.

Contact us:



ROSARY SHRINE NOVENA

Rosary Shrine Novena continues all through the year. The first novena for the year 2026 begins:

Saturday January 31, 2026

to

Saturday March 28, 2026

Send in your prayer requests and petitions to:

SMS/WhatsApp - 09066387834

Email: newslettertheflame5@gmail.com

For those who wish to support/donation to this ministry:

Account Name: Dominican Sisters

Account Number: 2003539688

First Bank